



Practice Times



Cheerleading

MS Cheer: Every day except Wednesday: 3:00 - 3:45

JV Cheer: Every day except Wednesday: 3:15 - 4:30

Varsity Cheer: Every day except Wednesday: 3:15 - 4:45



Basketball

MS Boys: Monday, Friday – 2:10 - 3:00

Wednesday – 3:00 - 4:00

JV Boys: 2:45 - 4:00

Varsity Boys: 3:15 - 4:45

JV Girls: 4:45 - 6:00

Varsity Girls: 5:15 - 7:00